

MATTED ROOM SCHEDULE AT GET FIT DAVIS SPORT

Revised 6.15.2018

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00 AM	THRIVE 5:00am-6:00am	THRIVE 5:30am-6:30am	THRIVE 5:00am-6:00am	THRIVE 5:30am-6:30am	THRIVE 5:00am-6:00am		
6:00 AM	THRIVE 6:00am-7:00am		THRIVE 6:00am-7:00am		THRIVE 6:00am-7:00am		
7:00 AM	THRIVE 7:00am - 8:00am		THRIVE 7:00am - 8:00am			THRIVE 7:00am - 8:00am	
8:30 AM	THRIVE 8:30am - 9:30am		THRIVE 8:30am - 9:30am		THRIVE 8:30am - 9:30am	THRIVE 8:00am - 9:00am	
9:30 AM	THRIVE 9:30am - 10:30am		THRIVE 9:30am - 10:30am		THRIVE 9:30am - 10:30am	THRIVE 9:00am - 10:00am	
10:30 AM	TEENFIIT 10:30AM-11:30AM		TEENFIIT 10:30AM-11:30AM		TEENFIIT 10:30AM-11:30AM		
12:00PM - 4:00PM							BOXING Colin 2:00pm-4:00pm
4:00 PM							
5:30 PM	THRIVE 5:30pm-6:30pm	THRIVE 5:30pm-7:00pm	THRIVE 5:30pm-6:30pm	THRIVE 5:30pm - 6:30pm	THRIVE 5:30pm - 6:30pm		
7:00 PM		AIKIDO Geoff 7:00pm-8:15pm		Kickbox Bag Andrea 6:30pm-7:30pm			Kickbox Bag Andrea 5pm-6pm
8:00 PM	BOXING Colin 7:30pm-9:00pm			BOXING Colin 7:30pm-9:00pm			
9:00 PM							
10:00 PM							
11:00 PM							

Pink classes are a **paid program**. Check with front desk for more info and how to sign up!

Blue classes are a **paid program**. Check with front desk for more info and how to sign up!

Green classes are a **paid program**. Check with front desk for more info and how to sign up!

Yellow classes are a **paid program**. Check with front desk for more info and how to sign up!