

GFD Sport Sub & Rotation Calendar

~ May 2017 ~						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4 10am Pilates: Sandra	5 9am Spin: Raychel A. 12:15pm Spin: Jenny 4:30pm Zumba: Sarah 6:10pm Boot Camp: Sharon	6 8am Yoga: Donna 10:30am Yoga: Jenna
7 8am + 8:45 Yoga: Denise 12pm BPump: Crissy 5:15 Yoga: Denise	8	9 6pm Spin: Megan	10 12:15pm Spin: Lori	11	12 6:10pm BPump: Kate	13 9am Shred: Jenny 10:30am Yoga: Carolina
14 12pm BPump: Crissy	15	16	17	18 10am Pilates: Sandra	19 6:10pm BPump: Blair	20 9am Shred: Amy 10:30am Yoga: Donna
21 12pm BPump: Blair	22 5:45am BPump: Denise	23	24 5:45am BPump: Denise 9am Step: Kitty Jo	25	26 12:15pm Spin: Mike 6:10pm BPump: Lori	27 9am Shred: Jenny 10:30am Yoga: Lisa
28 12pm BPump: Lori	29	30 10am Pilates: Sandra	31 5:45am Crissy			

