

GFD Sport Sub & Rotation Calendar

~ August 2017 ~						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 8:20pm: Alison	2 9am Spin: Megan	3 8pm: Sarah	4 9am: Sarah 10am: Sarah 12:15pm Spin: Megan 4:30pm: Girlie 5:15pm: Megan 6:10pm: Lori	5 9am Spin: Beth 10:30am: Alison
6	7 4:30pm: Girlie 5:15pm: Megan	8 9am Spin: Sarah	9 12:15pm Spin: Megan	10	11 4:30pm: Girlie 5:15pm: Megan 6:10pm: Kate	12 9am Spin: Beth 10:30am: Jenna
13	14 4:30pm: Girlie 5:15pm: Sarah	15	16 12:15pm Spin: Megan	17 2:30pm: Jenna	18 12:15 Spin: Sarah 4:30pm: Girlie 5:15pm: Sarah 6:10pm: Lori	19 9am Spin: Donna 10:30am: TBD
20	21	22	23	24	25 6:10pm: Lori	26 10:30am: Lisa
27	28 5:45am: Sarah	29	30 5:45am: Sarah	31		

